

A photograph of the Seattle skyline, featuring the Space Needle prominently in the center. The city is filled with various skyscrapers and buildings under a blue sky with light clouds.

Self – Funded Approach to Accountable Care

EBPA ACO Panel

April 4th, 2013

The logo for First Choice Health, featuring the company name in a serif font with a green underline.

First Choice Health™

Healthy Employees. Healthy Companies.™

Justin Curtis
Director, TPA Account Management



Reality of the Marketplace

- Fee for service system incents utilization over quality and outcomes
- Employers need to reduce costs
- Providers can provide the most cost effective care and reduce unnecessary care
- Patients desire a more engaging experience from their provider's office
- Market is in “baby steps” phase of a transition away from the fee-for-service system we have now



What is a Care System?

Comprehensive provider group which can collaborate to provide enhanced patient care management and reduce overall costs

Current Care Systems:

EvergreenHealth

MultiCare 
BetterConnected

 **PROVIDENCE**
Health & Services

 **OVERLAKE**
MEDICAL CENTER

ROCKWOOD HEALTH SYSTEM

 **SWEDISH**

The Everett Clinic
For the whole you

 **THE POLYCLINIC**



Employee Experience

- Dual choice option with PPO and Care System option
- Employee selects Care System option at enrollment
- This works for employee if they expect the bulk of their care delivered within selected system
- No referral required within care system. Referred care outside of the system receives the higher benefit
- Non-referred care outside of the system would receive reduced benefit, thus incenting care within the system



Provider Reimbursement

- Standard First Choice Health PPO rates with PMPM management fee for support services that are not visit-based such as care coordination, phone or e-mail care management and extended hours
- Targeted gain sharing related to reduced ER use and hospital inpatient medical/surgical admissions (excludes maternity and new born care)
- Actual utilization compared to benchmarks to determine gain sharing. Savings shared 50/50 between Care System and employer



Quality Control

- Puget Sound Health Alliance Community Checkup Report
- Internal quality measurements
- Third-party quality measurement entities
- Impact on shared savings levels